

SYLABUS STT pro soutěže Czech Pro-Am Dance Union 2022

	Waltz	Tango	Viennese Waltz	Slowfox	Quickstep
Newcomer	1 Closed Changes Natural Turn	1 Walk 2 Tap (Alternative Entries to PP)	1 Natural Turn 2 Reverse Turn		1 Natural Spin Turn 2 Natural Pivot
	2 Reverse Turn	3 Progressive Side Step	3 RF Forward Change Step - Natural to Reverse		3 Natural Turn
	3 Natural Spin Turn	4 Progressive Link	4 LF Forward Change Step - Reverse to Natural		4 Chasse Reverse Turn
	4 Whisk	5 Closed Promenade	5 LF Backward Change Step - Natural to Reverse		5 Quarter Turn to R
	5 Chasse from PP	6 Basic Reverse Turn 7 Back Corte 8 Rock on LF 9 Rock on RF 10 Natural Rock Turn	6 RF Backward Change Step - Reverse to Natural		6 Progressive Chasse to L 7 Quarter Turn to L (Action Heel Turn, Action Heel Pivot)
Pre-Bronze & Bronze	6 Progressive Chasse to R	11 Open Promenade	7 Natural Turn	1 Feather Step	8 Forward Lock
	7 Basic Weave	12 Open Reverse Turn Lady Outside	8 Reverse Turn	2 Three-Step	9 Backward Lock
	8 Progressive Chasse to L	13 Natural Twist Turn from PP	9 RF Forward Change Step - Natural to Reverse	3 Natural Turn	10 Cross Chasse
	9 Back Whisk	14 Natural Turn from PP	10 LF Forward Change Step - Reverse to Natural	4 Reverse Turn	11 Outside Change
	10 Backward Lock	15 Four Step	11 LF Backward Change Step - Natural to Reverse	5 Feather Finish	12 Running Finish
	11 Open Natural Turn	16 Brush Tap	12 RF Backward Change Step - Reverse to Natural	6 Hover Feather	13 Open Natural Turn
	12 Running Finish	17 Progressive Side Step Reverse Turn		7 Heel Pull Finish	14 Tipple Chasse to R & L
	13 Outside Change	18 Four Step with Extra Slow (Mini Five Step)		8 Closed Impetus 9 Natural Weave 10 Change of Direction / Inverse Corta 11 Basic Weave	15 Hesitation Change 16 Progressive Chasse to R 17 Zig Zag
Silver	14 Double Reverse Spin	19 Promenade Link turned to R & to L	13 Reverse Fleckerl	12 Impetus	18 Double Reverse Spin
	15 Telemark	20 Back Open Promenade	14 Natural Fleckerl	13 Weave from PP	19 Impetus
	16 Telemark to PP	21 Fallaway in Promenade	15 Contra check	14 Whisk	20 Impetus to PP
	17 Weave from PP	22 Whisk	16 Hesitation change	15 Open Natural Turn	21 Telemark
	18 Impetus	23 Back Whisk		16 Double Reverse Spin	22 Telemark to PP
	19 Impetus to PP	24 Fallaway Four Step		17 Telemark	23 Whisk
	20 Drag Hesitation	25 Outside Swivel		18 Natural Telemark	24 Back Whisk
	21 Outside Spin			19 Hover Telemark	25 Open Reverse Turn
	22 Natural Turning Lock (to PP)			20 Hover Telemark to PP	26 Four Quick Run
	23 Reverse Turning Lock			21 Natural Hover Telemark	27 V6
Gold	24 Wing	26 Four Step Change		22 Hover Cross	28 Outside Spin
	25 Closed Wing	27 Five Step		23 Top Spin	29 Running Natural Turn
	26 Cross Hesitation from PP	28 Quick Reverse Turn		24 Outside Swivel	30 Fishtail
	27 Reverse Pivot	29 Fallaway Reverse and Slip Pivot		25 Outside Spin	
	28 Fallaway Natural Turn	30 Telemark to PP		26 Reverse Wave	
	29 Running Weave from PP	31 Open Natural Turn		27 Progressive Chasse to R	
	30 Running Spin Turn	32 Outside Spin		28 Curved Feather	
	31 Overtumed Running Spin Turn	33 Natural Twist Turn		29 Natural Twist Turn	31 Reverse Pivot
	32 Running Cross Chasse	34 Chase		30 Curved Three Step	32 Natural Turning Lock
	33 Fallaway Reverse and Slip Pivot	35 Reverse Pivot		31 Back Feather	33 Drag Hesitation
	34 Hover Corte			32 Fallaway Reverse and Slip Pivot	34 Cross Swivel
	35 Curved Feather			33 Bounce Fallaway and Weave Ending	35 Running Cross Chasse
	36 Outside Swivel			34 Running Weave from PP	36 Tippy to R & L
	37 Bounce Fallaway and Weave Ending			35 Quick Open Reverse Turn	37 Rumba Cross
38 Quick Open Reverse			36 Extended Reverse Wave	38 Hover Corte	
			37 Reverse Pivot	39 Weave from PP	
			38 Hover Corte	40 Natural Fallaway Turn	
				41 Wing	
				42 Wing from PP	
				43 Curved Feather	
				44 Running Spin Turn	
				45 Six Quick Run	